

Farming Practices and Values healthy food from healthy soil

“As your farmer, I am committed to helping to build our community, providing fresh and healthy food to you and being a responsible steward of the farmland and our ecosystem. The CSA (Community Supported Agriculture) model is an innovative way for you to receive fresh vegetables each week and be a part of the Deri Farm community. Healthy vegetables come from healthy soil. Using organic farming methods, I am not just restoring the nutrients in the soil, but improving its quality for our future.” —Justin Deri



Why Choose a CSA? community supported agriculture

Conservation: choosing local produce and poultry helps to conserve oil used for transportation and packaging material, this allows you to enjoy the freshest and most flavorful product possible.

Economy: a local farm nourishes our community and keeps more money in Maine.

Community: by becoming a shareholder in the farm you gain a connection to the land and the people who grow your food.

Crop Diversity: promoting diversity and using heirloom varieties helps to prevent pests and diseases, while preserving quality and flavor.

What Can I Expect From My Share? share size and contents

Each week from mid June through the end of October, you can come to the farm and pick up your share of vegetables harvested that morning. In addition, you have the option to get fresh, free-range eggs weekly and pastured poultry—including chicken and turkey—in the late summer and early fall. Farmshares will consist of fresh vegetables and herbs of both familiar and new varieties. Heirloom varieties will be offered to bring you outstanding and unique flavor.

A Full Share: provides fresh seasonal vegetables designed for a family of 4 on a mixed diet, or up to 2 vegetarians.

A Partial Share: is designed for individuals or couples who want a smaller portion, or 1 vegetarian.

Although many factors such as weather and pests can change the growing of certain varieties, each share is likely to include:

Spring: Salad Greens, Spinach, Arugula, Scallions, Kale, Bok Choy, Peas, Beets, Chinese Cabbage, Turnips, Lettuce, Swiss Chard, Herbs.

Summer: Tomatoes, Basil, Summer Squash, Flowers, Broccoli, Herbs, Lettuce, Peppers, Eggplant, Mixed Greens, Onions, Cabbage, Beans, Cucumbers, Watermelon, Zucchini, Carrots, Beets.

Fall: Winter Squash, Broccoli, Leeks, Cabbage, Pumpkins, Cauliflower, Parsnips, Rutabagas, Onions, Collards, Lettuce, Mixed Greens, Flowers, Herbs, Kale, Celeriac, Carrots, Beets, Brussel Sprouts.

Shareholders also are invited to:

- A regular farm newsletter with recipes
- Pick-your-own flowers
- The opportunity to purchase flowers, fresh eggs and poultry.
- Volunteer opportunities
- Farm visits and special events

If you have any questions, contact Justin Deri at 207.829.3624, email csa@derifarm.com or visit:

derifarm.com

Additional Share Options eggs, flowers, poultry

In addition to vegetables, you can add several options to your weekly share. If it is difficult for you to come to the farm, you can collect your vegetables at our Portland pickup site. You also have the option to add either a half-dozen or dozen of our fresh eggs to your share. Though we offer pick-your-own flowers, you may want to arrange a bouquet from pre-cut stems. At the end of the summer and early fall, a limited number of broilers and turkeys will be available—a deposit now will reserve one or more for you. All of our poultry enjoy a healthy and diversified diet of organic grains, grubs and grasses.



A Visit to Deri Farm 1167 North Road

One third of a mile south of Dunn's Corner in North Yarmouth, just east of where the winding Royal River and the Maine Central Railroad's "Back Road" mainline meet, lies a farm hidden in the woods. Deri Farm is also the site of Avalon Farm where Linda and Scott Routhier have raised cattle, sheep and poultry since 1980. Arriving at the farm you will be welcomed by rolling pastures, tidy outbuildings and an octagonal barn. Whether to pick up your share, or spend time in the gardens, a visit to Deri Farm should not be missed. Working with MOFGA, we are seeking organic certification this year.

2008 CSA Membership registration form

All farmshares and egg shares run from mid June through October for a 20 week period. Flower shares start in July and end in September.

name _____

address _____

phone _____

email _____

whole share \$475 _____

partial share: \$300 _____

add 1/2 dozen eggs \$40
(\$2 per week) _____

add 1 dozen eggs \$75
(\$3.75 per week) _____

add flower share \$55
(\$5.50 per week 10-12 weeks) _____

chicken* \$5 deposit per bird _____

turkey* \$20 deposit per bird _____

add Portland CSA delivery \$50 _____

total: _____

*Poultry prices will be determined by weight, chickens are priced at \$3.50/lb. and turkeys at \$4.00/lb. Balance will be due upon pick-up.

Checks or money orders can be made out to Justin Deri.
1167 North Road, North Yarmouth, ME, 04097.

Questions? Call 207.829.3624 or email csa@derifarm.com

Directions from I-295:

Take exit #17 and head towards Yarmouth. At the first light, take a right toward E. Main St. At the stop sign at E. Main St, take a right and then an immediate left on to North Rd. Travel for 3.5 miles. You will see a sign on the right for Avalon Farm and Deri Farm just after you cross a set of railroad tracks.

Deri Farm is located 1/2 mile south of the Dunn's Corner intersection of Route 9 and North Road.

derifarm.com

DERI FARM
1167 NORTH RD,
NORTH YARMOUTH, ME 04097



derifarm.com

2008 CSA Farmshare Registration

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